SEPTEMBER 2019

BENEDICTUS

PHOTO: JOHN RAE

p. 7 ..... WALKING PILGRIMAGE

p. 11 ..... THE RISE & THE ENCOUNTER

SAINT BENEDICT PARISH
45 Radcliffe Drive
Halifax, Nova Scotia
902-443-0725
saintbenedict.ca

SUNDAY MASS
Saturday: 4pm
Sunday: 9am, 11:15am, 6pm

WEEKDAY MASS
Monday to Friday: 9am

CONFESSIONS
Saturday: 3 - 3:45pm
Thursday: 9:45 - 10:30am

INTERESTED IN BECOMING A MEMBER?

Visit the Welcome Centre in the foyer after Mass for more information!

IN THIS ISSUE

September 2019

FATHER SIMON SAYS

2 / 3 Finding The Pace Of Grace | New Or Not-So-New | Weekly Rhythm of Grace | A Few Final Thoughts

LIFE'S HEALING CHOICES

4 "I'm not weird or different."

STAFF PROFILE

5 Get to know Rob McDowell, Saint Benedict's Preaching Support

SINNERS & PHARISEES

6 A reflection from Ora Ministry's Kendra Lang

WALKING PILGRIMAGE

7 / 8 / 9 "We never walk alone."

THE RISE & THE ENCOUNTER

11 / 12 Our ministries for youth and pre-teens move to Thursdays

The Bene Dictus is your monthly magazine featuring stories about how Saint Benedict Parish forms disciples who joyfully live out the mission of Jesus Christ. It is available in print or in your email inbox.

The next issue of the Bene Dictus will be released on the weekend of October 12th/13th.

On the cover:
A young parishioner dances at the end of Mass.

SAINT BENEDICT PARISH CLERGY

Pastor: Fr. Simon Lobo, CC

Associate Pastor: Fr. Alex Colautti, CC

Permanent Deacon: Deacon David Viscount

Episcopal Vicar for Parish Renewal: Fr. James Mallon

FOLLOW US ONLINE

facebook.com/SaintBP

@SaintBP

livestream.com/SaintBenedictParish

FATHER SIMON SAYS...

Fr. Simon Lobo, CC
Pastor

FINDING THE PACE OF GRACE

I hope that you had a wonderful, restful summer. One of the highlights of my summer was hiking with about 50 pilgrims on the Way of Stella Maris. (You can read more about this on page 7). Being on this long endurance journey reminded me that in the real 'pilgrimage' of life, I should stop trying to rush ahead of God and find His pace of grace. I hope that as a parish we can find and sustain God's pace of grace, too.

NEW OR NOT-SO-NEW... SOMETHING FOR EVERYONE

If you're new here, welcome! One of the best ways for new members to enter into the community at Saint Benedict is through Alpha. It's a fun way to meet people and learn about faith in a low-key environment. (Did I mention we serve you supper?) **To learn more and to register for our next Daytime or Evening Alphas starting on Friday, September 20, please visit saintbenedict.ca/alpha.**

For the veteran Saint Benedict parishioners, you know that we exist not just for ourselves. Our purpose is **to form disciples who joyfully live out the mission of Jesus Christ.** That means that even more important than merely going to church, we want **everything we do to help people grow in relationship with Jesus.** We believe that lives will continue to be transformed by Jesus through the efforts of our parish.

We are launching a new prayer initiative to help us invite people to try Alpha. **We've asked every parishioner to pray for 3 names for 3 weeks leading up to the September 20th launch of Alpha.** We started praying on August 30, but you can start today. Set an alarm to go off every morning at 11:02am (which reminds us of

continued on next page

FATHER SIMON SAYS continued

Luke 11:2, "Your Kingdom come"), to remind you to pray for those 3 people. Then ask the Holy Spirit to give you the courage to invite them to join us for Alpha. Let's allow God to open people's hearts!

WEEKLY RHYTHM OF GRACE

We've also been thinking about how we can improve the parish's weekly rhythm. We don't have an intern priest this year as of right now, so Fr. Alex and I are handling all weekday Masses, with the occasional help from some very helpful priests. **With that in mind, we will be moving the monthly Anointing of the Sick to Wednesdays at 9am. We've also decided to move confessions to Thursday mornings after Mass, from 9:45-10:30am.** Confessions on Saturday will remain from 3pm-3:45pm.

Our building is used by a variety of parish ministries throughout the week. **We'd like to encourage ministries to hold evening meetings on Mondays and Tuesdays, so Wednesday evenings can be focussed on prayer and growing in our faith.** That way, we can have Eucharistic Adoration in the chapel from 9:45am-8pm, and Discipleship Groups can use meeting rooms downstairs. Our preference remains for Discipleship Groups to meet in people's homes, as we have limited space.

The Rise (grades 7-12) and The Encounter (grades 5 & 6) are also moving to Thursday nights, which you can read about on page 11. It's our hope that this will set us up for long term success and growth.

Finally, we will continue to devote Fridays to Alpha. We hope that all of these tweaks to the schedule will help to keep the clergy and the staff sane, and, ultimately, that our calendar will reflect our parish emphasis on making disciples.

A FEW FINAL THOUGHTS

I'd ask you to keep Bill Scollard, who leads the Disciple Formation Team, in your prayers. He is taking a few weeks off from work and ministry. He's had a lot going on in his personal life, not the least of which was the passing of his mother a few months ago. Please respect his privacy during this time of restoration. We look forward to having him back in the near future.

I'm also so grateful to Darlene Bonang, our office manager, for her years of service at Saint Benedict Parish. This is an exciting moment for her, as she has accepted a new position at Christ The King Parish in Dartmouth. We're sad to see her go, but we feel that she has been commissioned to lead in that new position. We love her, we'll miss her, and we'll pray for her. We'll be looking to fill her position in the coming weeks.

Lastly, I want to congratulate Dinah Simmons, who recently marked 20 years working at Saint Benedict Parish (and Saint Lawrence Parish before we opened our doors). 20 years in lay pastoral ministry is amazing, and we are so proud to work alongside her.

For those who were here on the weekend of August 18th, thanks so much for filling out the survey about our Sunday experience and our culture of invitation. We will be reviewing the data with the Parish Pastoral Council to learn from your input.

The Fall is a great time to get started in a ministry at Saint Benedict. **Our dream is that every member would be in ministry!** We want everyone to feel comfortable and find a ministry that suits their gifts. To learn more and to sign up, please visit: **saintbenedict.ca/serve.**

LIFE'S HEALING CHOICES

LIFE'S HEALING CHOICES

You don't have to hold onto hurts, hang-ups, and habits forever.

Wednesday nights in the St. Joseph Room.

Life's Healing Choices is a program that offers an opportunity to make the connection between past hurts and how they can cause habits and hang-ups that interfere with the peace we are all seeking. Based on the Beatitudes (Matthew 5:3-10), Life's Healing Choices presents eight choices that are designed to guide you along God's healing pathway to wholeness, growth, and spiritual maturity.

The first night (October 9th) is an information session where your questions will be answered as you are introduced to the group process and the content of the program.

TESTIMONIALS FROM PREVIOUS PARTICIPANTS:

"This program helped me realize that often people have serious hurts and hang-ups. I'm not weird or different. Because of my past, I had built up a hard shell and it made me sick. I am learning to open up and give more of myself. I have also felt increasing joy and peace, sometimes mixed with anger, but, with God, I am working this out.

"My experience with Life's Healing Choices brought me from a place of great darkness to one where I felt loved and accepted despite my failings. I will never forget the lessons taught and friendships gained."

"Life's Healing Choices was very instrumental in my healing process. I had a lot of pain and hurt inside. This program assisted me in facing these issues and allowed me to start healing. At the same time, it also helped me grow in my relationship with God. I am very thankful that I decided to take this course."

Life's Healing Choices runs for ten weeks, from October 9th to December 11th from 7pm-9pm. To register (space limited) or for more information please contact Paulette: **poiriermpaulette@yahoo.ca** or **902-443-9985**.

STAFF PROFILE

Matt Vaughan
Communications Coordinator

Each month we'll be featuring a profile on one of the Saint Benedict Parish staff members so that parishioners can get to know them a little more and get a better sense of what they do at the parish. This month, we're featuring Rob McDowell.

What's your job at the parish?
ROB: I work as Preaching Support. I'm part-time at the parish, I also work at Divine Renovation as a coach.

What staff team are you on?
I'm on the Senior Leadership Team.

How long have you worked at Saint Benedict Parish?
Five years, I started in August of 2014.

What does your job entail? What does a typical week look like for you?
As part of the Senior Leadership Team, I try to help Fr. Simon and the rest of the team make the best decisions possible to fulfill the mission of the parish, and I also help form some of the material around the weekend homilies. Along with that, I try to step in where I can be helpful, as time allows.

What do you like most about working at Saint Benedict Parish?
I like Saint Benedict's sense of Mission. We aren't just trying to run an organization, we are trying to make a difference.

Do you have a favourite memory from your time working here?
Generally, I would say the All Staff meetings and the Leadership Summits with staff and ministry leaders. Specifically, I would say the way that the parish came together and executed the first Divine Renovation Conference in June of 2016.

What do you like to do outside of work?
I like to read and hang out with my family.

SINNERS & PHARISEES

Kendra Lang
Ora Ministry

This reflection is on next Sunday's Gospel, Luke 15:1-32.

In one of his first interviews as our newly-elected pope, a reporter asked Pope Francis, "Who is Jorge Mario Bergoglio?". The Pope responded, "I am a sinner. This is the most accurate definition."

I remember this answer because it headlined news articles immediately, and because it made me curious. Why would he not say "a child of God" or something more pleasant-sounding? Considering this Gospel passage, I wonder if the Pope answered in this way because he felt that he, and others, needed to hear this truth.

How does it benefit us to know that we are sinners? Well, if the Pharisees and scribes had understood their status as sinners, they would have rejoiced and exclaimed, "this fellow [Jesus] welcomes sinners and eats with them" in gratitude – they would have known that God extends his love to all who are in need. Instead they grumbled, and they unknowingly pushed themselves further away from God's merciful love. Knowing that we are sinners gives us the freedom to set aside our fears and masks so that we can humbly acknowledge our need for healing and restoration.

How does it benefit others to hear us admit that we are sinners? They will know that they are not alone and that all are welcome. Hopefully, they will be encouraged on their own journey as they search for truth and meaning. They will trust us, because they can already see that we aren't perfect, so when we acknowledge our imperfection joyfully they will not be scandalized, but they will be more in awe at our joy. If we are open about the ways that we fall short, our vulnerability will serve as an invitation to others to gather at the table where all are fed.

Pope Francis' interview response echoed the first words that he spoke after his election: "I am a sinner, but I trust in the infinite mercy and patience of our Lord Jesus Christ." I'm praying that God helps us all to live in this fine balance of knowing our sinfulness, but trusting in who He is – and as we prayerfully consider who to invite to Alpha, we remember that God delights in every first step and even the smallest "yes".

Kendra is a contributor to Ora, where you can read reflections for the weekend Mass readings. Go to ***oraministry.weebly.com*** *to read more.*

WALKING PILGRIMAGE

Matt Kerrigan
Bene Dictus Team

On Saturday, August 10th, 54 pilgrims assembled for Mass and Adoration at Holy Cross Church in Middle Musquodoboit, NS. About a third of the pilgrims participating were from Saint Benedict Parish, including our pastor, Fr. Simon. The next morning they set out on a journey of 108 kilometres that would take them to their destination: St. Mary's Cathedral in Halifax.

Each day they would walk 20 to 30 kilometres. Each night they would sleep in a makeshift dormitory in a church hall or community centre. Their physical travels featured some of the most beautiful natural settings in Nova Scotia. It was physically taxing, complete with blisters and aching limbs. Spiritually, their journey was in faith, in prayer.

How did this pilgrimage come to be? Earlier this year, Rob Elford, a pastoral intern at St. Mary's Cathedral, was having coffee with Archbishop Mancini, when the Archbishop recalled a trip he had taken to Belgium. The bishop there wanted to re-evangelize his diocese, with events in each parish. Each of the events would culminate in a walk to the local cathedral for mass. Hearing this, Rob began to recall his experience walking the Camino de Santiago in Spain.

As the idea grew, it became a means to pray in a special way for the Archdiocese as it experiences change and renewal through restructuring parishes. Once commissioned, Rob began planning and inviting. He plotted a course on established trails with beautiful vistas. He enlisted the assistance of a support team to provide care and comfort along the way.

Having made their way through Meagher's Grant, East Chezzetcook, Lawrencetown, and Eastern Passage, the pilgrims arrived at the Cathedral at noon on August 15th, the Feast of the Assumption of Mary. It was a triumphant procession; the pilgrims beaming with joy, some with tears in their eyes. Each pilgrim placed a rock gathered on the journey at the foot of the cross at the front of the Cathedral. Now let's hear from the pilgrims who experienced the amazing spiritual beauty and richness of the journey.

Rob Elford, organizer:
Long walks are good opportunities to reflect on life. But there is a significant difference between a long walk and a pilgrimage. A pilgrim is making an exterior journey, while also making a deeply personal internal journey. I remember my return home after my pilgrimage to Santiago, Spain. I realized my real pilgrimage had only just begun, because I became aware of my desire to

unpack the graces I had received. The aim of the Stella Maris Pilgrimage was simple: to be an outward and visible sign of the pilgrim Church in prayer as we walk amid the beauty of Nova Scotia.

The people of God have been in pilgrimage a very long time. "By faith, Abraham obeyed when he was called to set out for a place..." (Hebrews 11:8). From these ancient times, many have journeyed from horizon to horizon in anticipation, yearning to hear more intimately the still small voice of God, which gently calls them forward, in trust, into the unknown. This is where faith is deepened, where we are refined, as we learn to surrender, bit by bit, to the truth, beauty and goodness of God's self-revelation.
As followers of Jesus, the Way of Stella Maris provided an opportunity to get to know people from all corners of the Archdiocese. We all opened our hearts with a willingness to experience God in the midst of it all.

A 76 year old participant told me, "This pilgrimage is one of the most important things I have done in my long life. Jesus walked every step with me, slept on the floor by my cot, and carried me when I was weary."

Lori MacDonald, participant:
I had been praying the Rosary every lunch hour for the last six months or so with my children as my primary prayer intentions. They were also the intentions I carried with me on the pilgrimage. As I walked alone on the fourth day, I found myself under the hold of intense physical and emotional pain: I felt so heavy, I no longer wanted to carry on. So I asked Mary for help. I pulled out my Rosary and as I prayed through the third decade, I saw a light beaming through the path: a bridge. I rested by the water beneath it for a while, journalling and praying. I found her Son in the stillness of that time. His peace. Mary helped me find Him in the midst of my struggle. She led me to Him, to listen to His breath, and take refuge in His life. After this pause, I was able to carry on. I continued praying the remaining two decades, and as I was finishing, I turned a corner to see a sublime, life size crucifix. I was brought down to my knees at the sight of His suffering body, and laid my burdens down beneath Him. When I stood up from that place, I felt ten pounds lighter, joy radiating from within, and a new understanding of who the Blessed Mother truly is. We never walk alone.

This article continues on the next page.

Make the **Green** Decision. **GO BOTTLELESS!** It's Environmentally Friendly, Economical and Hassle Free!

Contact us today for a **FREE** consultation 902-576-3062
www.alpinewater.ca

Dave Cardinal, Support Team member:
As part of the support team for this pilgrimage, my wife Ainslea and I were able to engage with the pilgrims, starting at breakfast when we would see them off and throughout the day at the water stations. At the end of the day, we applauded their arrival and looked forward to sharing a communal supper and hearing about the day. We felt so blessed to be a part of this wonderful event where we formed many new friendships.

Treena Campbell, participant:
What a beautiful experience it was! My main priority when I first signed up was the physical aspect of the pilgrimage. Little did I know that it would become so much more than a physical journey. The spiritual journey started right away that first morning of the pilgrimage with an overwhelming presence of the Holy Spirit. I started out walking with my Saint Benedict Parish friends, but they quickly left me in their dust and I was left walking by myself. This opened the door for the Lord to enter, and for the Holy Spirit to fill my heart. The time spent walking allowed you to listen to God be open to what he was saying.

The new relationships that I made on the pilgrimage were surprising and filled with blessings. The time you spend together forces you to appreciate every moment that you have with these new friends, it allows you the time and space to love and support one another through the shared experience. There is something to be said about sharing such a profound experience together. The suffering is one thing, but the enthusiasm that others had was infectious, and the vulnerability they shared was humbling. I was impressed every day by people's brokenness and generosity.

Tanya Noye, participant:
The pilgrimage was an amazing experience, filled with so many blessings. The most significant thing for me was to be able to really enter into prayer. With all of the distractions and busyness of life removed, I was able to have peace and real one-on-one time with the Lord. I had received many prayer intentions before the pilgrimage, and I focused a lot of my prayer time on them as well as praying for the Archdiocese. During the pilgrimage, I had a beautiful affirmation that one of the intercessory prayers was being answered, which was such a gift! Being home now, I have to say that my prayer life is better and I'm being more intentional about spending that time with God, trusting in Him.

Encouraged by the success of this year's pilgrimage and the enthusiasm of the participants, Rob Elford is already beginning to think about another next year. If you would like to be added to the Way of Stella Maris email list to receive periodic updates, email ***thewayofstellamaris@gmail.com***.

UPCOMING EVENTS

at Saint Benedict Parish

SEPT 15 - PACT Come and See after 9am Mass

SEPT 19 - The Encounter (grades 5 & 6) at 6:30pm

SEPT 19 - The Rise (grades 7-12) at 7pm

SEPT 20 - Alpha at 9:45am & 6:30pm

SEPT 22 - RCIA Info Session at 5pm

OCT 2 - Anointing of the Sick at 9am Mass

For full event details, be sure to subscribe to The Overview by visiting saintbenedict.ca and scrolling to the bottom of the page!

How do you want to be remembered?

FREE Pre-Planning Kit
Call 902-453-1434

Atlantic Funeral Homes
Halifax Chapel
by Arbor Memorial

Arbor Memorial Inc.

Parkland™
RETIREMENT LIVING
CLAYTON PARK

Book your FREE Lunch and Tour today!

For more information, visit
experienceparkland.com

118 Fairfax Dr., Halifax
902.404.4042

3A RESTAURANT
Food & Drink

Brunch
Everyday 11am~4pm

902 457 6626
264 Bedford Hwy, Halifax
www.3Arestaurant.com

Rafah
Di Costanzo
MLA - CLAYTON PARK WEST

397 Bedford Hwy.
Suite 201
Halifax, NS B3M 2L3

(902) 443 8318
Rafah@RafahDicostanzo.com
@RafahDiCostanzo
@RafahDiCostanzoNS

www.takosushiramen.ca

Tako Sushi & Ramen
JAPANESE CUISINE

902-405-8855

TAKE OUT
AND DELIVERY

480 Parkland Drive

THE RISE & THE ENCOUNTER

Matt Vaughan
Communications Coordinator

This September, The Rise (for grades 7-12) and The Encounter (for grades 5 & 6) are moving to Thursday nights. I talked to Corey Robinson, Saint Benedict's youth ministry coordinator, and Laura O'Rourke, our Children's Ministry coordinator, to find out more.

What's changing with youth and pre-teen ministry?
Youth nights will now be Thursday nights, and we're re-launching The Encounter, a youth group for kids in grades 5 & 6! On Thursday nights, Saint Benedict will turn into a place dedicated to the preteens and teens of our community. Of course, we aren't just changing the dates and expanding the age-range. There is a brand new, fresh strategy that is meant to allow us to grow – to grow in awesomeness, to grow in numbers, and most importantly, to help our youth grow their relationships with each other and with Jesus.

Why is it changing?
Last year, we had vision and felt called to mission, but we needed a stronger strategy. Not only that, but last year our preteens didn't have anything to call their own here at their church. Adding The Encounter gave us a new opportunity to look at how we do things, and a new, exciting, Spirit-led way became clear.

What is new?
We will be using more of the Church building to make space for both youth groups to flourish. We have new ideas, a new structure for the evenings, new content, and new events. New leaders are joining the youth ministry team and we are excited to see new youth find a place to belong here at Saint Benedict Parish.

The run time of The Encounter is also new for anyone who is used to the timing of The Rise. The Encounter will run from 6:30-8pm on Thursday evenings (while The Rise runs from 7-9pm). While the logistics of this staggered time is new, it is to serve the needs of our preteens. While The Encounter does end at 8:00, there will be space created for any grade 5 or 6 student to hang out until The Rise is over, giving opportunity for shared worship or fellowship experience, and allowing families to pick up their kids at the same time.

What are the benefits of having both The Rise and The Encounter on the same night?
Having The Rise and The Encounter share a night is a win for families! We know how hard it is to schedule family activities these days, and for families with youth in both programs, we want to make scheduling as easy as possible. We made the move to Thursday evenings with the long-term goal of staying put, hopeful that this new day would allow more space to grow together, and giving families the stability for scheduling.

It also solves a problem that every church experiences: not every kid will transition to the next ministry. Some always fall through the cracks. Having The Rise and The Encounter on the same night will hopefully ease this transition from The Encounter to The Rise, allowing our church

THIS FALL:

The Rise

Youth Ministry for grades 7 - 12
Thursday nights
from 7pm-9pm

The Encounter

Pre-Teen Ministry for grades 5 & 6
Thursday nights
from 6:30pm-8pm

LAUNCHING SEPTEMBER 19TH

family to journey with the youth in our community as long as possible.

What's exciting for you about it?
COREY: Having these two programs work in the same vision and mission together is awesome. I love having Laura on my team as we support each other, so that our whole team can be supported. There will be no more separate programming that can lead to us losing sight of the main vision. Together we are strong and this will help to strengthen our youth of the church and community.

LAURA: I echo everything that Corey says. This has been an incredible handful of months watching God lead us towards this beautiful vision for a joint ministry! Personally, I am also so passionate about our preteens, and I know how important it is for them to feel like they belong in a church community during such a formative phase of their lives. I am so excited to launch The Encounter for the first time ever as a weekly ministry!

Are you looking for people to serve?
Yes! We are always looking for people to use their gifts in youth ministry. If anyone is feeling called to join our team, please let Laura or Corey know. With a new ministry year just around the corner, we are in need of many adult leaders who wish to come in to serve in various areas of this ministry, including small group leaders, hospitality team, games and fun, worship, providing and/or serving our snacks! Please email Corey at **coreyr@saintbenedict.ca** and/or Laura at **laurao@saintbenedict.ca** to find out more!

If you are a youth planning to check out The Rise or The Encounter on Thursday nights this year, please register at ***saintbenedict.ca/for-kids*** *(even if you registered for The Rise last year). Both The Rise and The Encounter launch on Thursday, September 19th.*

register for fall alpha today!
saintbenedict.ca/alpha

Milestone Wedding Anniversary Celebration

Saturday, October 26th at the 4pm Mass, followed by a reception

Parishioners who are celebrating 20 years of marriage (and five year increments, like 25, 30, etc.) are invited to attend. Please contact Dawn Purcell (902- 457-3099) by Friday, September 27th to confirm.

Connect Groups

Alpha Team

Ministry

Alpha

Discipleship Groups

Invitational Church

How Saint Benedict Parish forms disciples who joyfully live out the mission of Jesus Christ

Worship

THE GAME PLAN

VENTURA REALTY LTD
KNOWLEDGE AND EXPERIENCE WORKING FOR YOU
Marilisa Benigno
Realtor/Parishioner
REALTOR®
MLS MULTIPLE LISTING SERVICE®
902.830.1343
marilisa@venturarealty.ca
www.venturarealty.ca

since 1934
THOMPSON'S
MOVING & STORAGE
a great move!
902-469-5100
www.thompsonsmoving.ca

T.J.Tracey
CREMATION AND BURIAL SPECIALISTS
Place your trust in us.
71 McQuade Lake Crescent, Halifax
(902) 835-4212 | www.tjtracey.com
• Halifax's only family-owned funeral home offering affordable burial & cremation plans.
• Appointments in the comfort of your own home.

粵皇軒
Canton Garden Restaurant
Specializing in Cantonese Cuisine
30 Farnham Gate Road
902-406-7788

FISHERMAN'S MARKET
EST. 1948
Quality Seafood & Lobster
607 Bedford Hwy,
Halifax, NS
443-FISH (3474)
FishermansMarket.com

Your Neighbourhood Quality Seafood & Live Lobster Store Since 1948 Best Fishes For All
• Weekend Specials
• Gift Cards
• Platters
• Sushi Products

kw COMMERCIAL ADVISORS®
Specializing in the sales and leasing of office, industrial, retail, multi-family investment and development land

Tom Gerard | 902-407-2489
kwcommercialhalifax.com

VACI PAINTING
QUALITY IS OUR ONLY PRIORITY™

Contact us today for a free estimate
902-332-3398 www.vacipainting.ca

PARISH STAFF TEAM

CATHERINE GOULD (ex 27)
Discipleship Groups
CatherineG@SaintBenedict.ca

PHIL MARMEN
Music Ministry
PhilM@SaintBenedict.ca

ROB MCDOWELL (ex 26)
Preaching Support
RobM@SaintBenedict.ca

TANYA NOYE (ex 28)
Alpha & Engagement
TanyaN@SaintBenedict.ca

RYAN ORLANDO (ex 40)
Facilities
RyanO@SaintBenedict.ca

LAURA O'ROURKE
Children's Ministry
LauraO@SaintBenedict.ca

COREY ROBINSON
Youth Ministry
CoreyR@SaintBenedict.ca

KATE ROBINSON (ex 29)
Mission Support Team Leader
KateR@SaintBenedict.ca

PETER SALAH
Audiovisual
PeterS@SaintBenedict.ca

BILL SCOLLARD (ex 39)
Disciple Formation Team Leader
BillS@SaintBenedict.ca

ARLENE SIBLEY (ex 30)
Game Plan Support & Pastor's Assistant
ArleneS@SaintBenedict.ca

DINAH SIMMONS (ex 24)
Worship & Sacraments
DinahS@SaintBenedict.ca

MATT VAUGHAN (ex 42)
Communications
MattV@SaintBenedict.ca

CHRIS YETMAN (ex 21)
Finance
ChrisYetman@SaintBenedict.ca

FOR GENERAL INQUIRIES
Office@SaintBenedict.ca

If you are interested in the sacraments of baptism or marriage at Saint Benedict Parish, please note that in addition to preparation, we require that you get in touch with us a minimum of three months in advance of your hoped-for date for baptism and one year prior to your desired wedding date.

For information on baptisms, please email Carol: **baptisms@saintbenedict.ca**.

For information on weddings, please email Deacon David: **weddings@saintbenedict.ca**.

For information on preparation for the sacraments of First Reconciliation and First Communion, please email **PACT@saintbenedict.ca**.

For information on becoming Catholic, please email **RCIA@saintbenedict.ca**.

For funerals, or to be connected with our funeral ministry team, please call the parish office at **902-443-0725** and listen to the prompts.

FINANCIAL UPDATE - JULY 2019

SUNDAY COLLECTIONS	REC'D	TOTAL	AVG/
ENVELOPES	1,057	$27,772	$26.24
PAR (PRE-AUTHORIZED REMITTANCE)	423	$60,931	$144.05*
LOOSE	-	$5,590	-
ONLINE	-	$6,322	-
TOTAL	-	$100,614	-
PARISH DEBT REDUCTION	**REC'D**	**TOTAL**	**AVG**
ENVELOPES	128	$3,853	$30.10
PAR (PRE-AUTHORIZED REMITTANCE)	59	$3,122	$52.91*
MORTGAGE BALANCE (AS OF MONTH END)			$419,574
PRINCIPAL PAID (ON MORTGAGE)			$9,815
INTEREST PAID (ON MORTGAGE)			$1,622
TOTAL PAID (ON MORTGAGE)			$11,438

*NOTE: PAR average includes weekly, bi-weekly, and monthly withdrawals, which are totalled and divided by the number of givers.

PRINT 101
PRINT. SIGNAGE. DESIGN.
SPECIALIZING IN:
DIGITAL & OFFSET PRINTING
LARGE FORMAT
GRAPHIC DESIGN
CUSTOM FRAMING & PLAQUE MOUNTING
902.442.4144 • print101.ca

MADE IN CANADA
HERITAGE MEMORIALS LTD
1143 Bedford Hwy
902-835-8757
www.heritagememorials.com

shelter NOVA SCOTIA
www.shelternovascotia.com
101-5506 Cunard St. | Hfx NS | B3K 1C2

J.A. Snow Funeral Home
339 Lacewood Drive
Halifax, Nova Scotia
902-455-0531
Proud to serve the Parish of Saint Benedict
A trusted name since 1883
WWW.JASnowFuneralHome.com

AABEL FUELS
"We're Ready, Willing & Aabel"
462-8071

BREAK the Barriers
Let nothing hold us back.
YOU can help a child reach their full potential.
Sponsor a child today.
1.800.776.6855 chalice.ca