

BENE DICTUS



PHOTO: JOHN RAE

p. 6.....
COMING TO HALIFAX 

p. 7.....
YOUR CRUCIFIXES 

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SUNDAY MASS
 Saturday: 4pm
 Sunday: 9am, 11:15am, 6pm

WEEKDAY MASS
 Monday to Friday: 9am

CONFESSIONS
 Saturday: 3 - 3:45pm
 Wednesday: 9:45 - 10:30am

Bene Dictus is your monthly newsletter available in print or in your email inbox.

NEW MEMBERS WELCOME!

Please visit the Welcome Centre.

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November 2018

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Twins are shown to their new faith community after their baptisms.

Next issue of Bene Dictus: December 8th/9th

SAINT BENEDICT PARISH CLERGY

Pastor: Fr. Simon Lobo, CC

Associate Pastor: Fr. Alex Colautti, CC

Episcopal Vicar for Parish Renewal: Fr. James Mallon

Intern Priest: Fr. John Farley

Permanent Deacon: Deacon David Viscount



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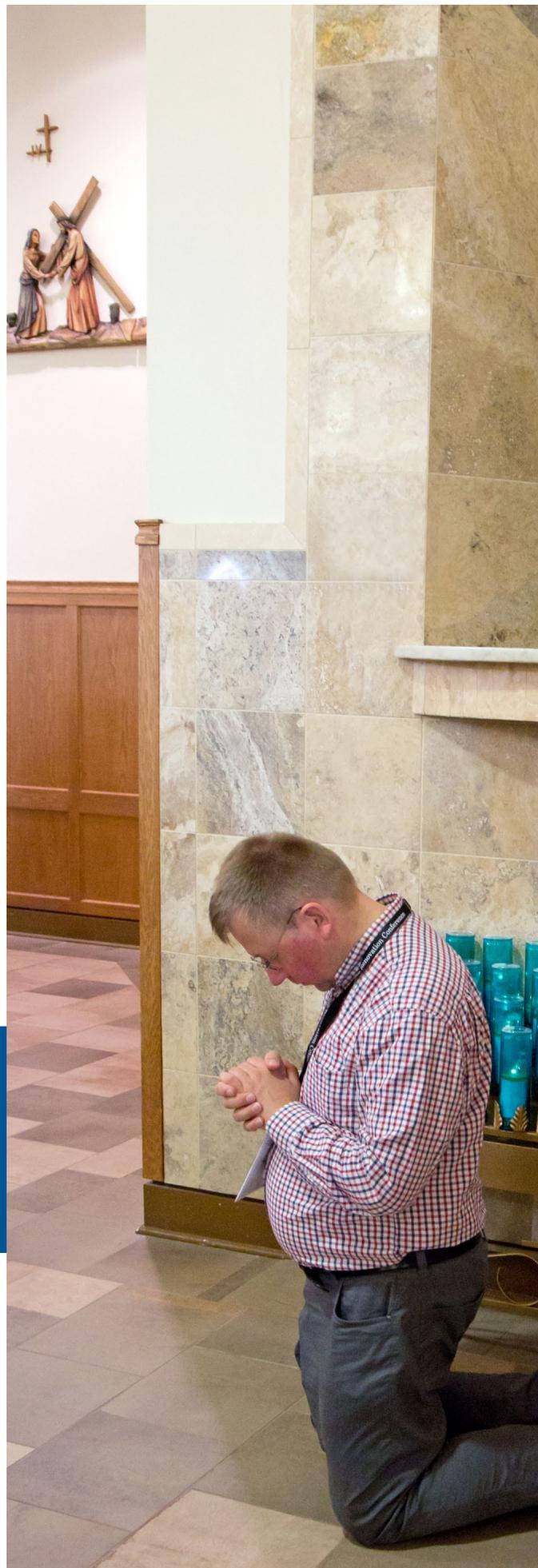
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FATHER SIMON SAYS...



Fr. Simon Lobo, CC

Pastor

HOLY LAND REFLECTIONS

It's hard to put into words the experience of visiting so many of the holy sites that feature in the Gospels. I remember laying eyes on the Sea of Galilee for the first time. This body of water, a bit bigger than the Bedford Basin (perhaps twice as long), was the place where Jesus chose to calm the storm, walk on water, preach to multitudes, multiply food, heal the sick, and cast out demons. I found some much needed peace in this part of the journey, as September had been exceptionally busy and stressful for me.

Without getting into the full story here, I had the experience of a lifetime concelebrating Mass early one morning inside the Holy Sepulchre! It only occurred to me later that we can visit places like the Cave of the Nativity, and the Upper Room, but where do you go to visit the place of the Resurrection? Since Jesus is alive, the only 'artifact' he left us is the Empty Tomb! Jesus did the impossible conquering death itself! I have no reason to ever give in to hopelessness.

By God's grace I have returned from this pilgrimage with more peace, more curiosity, and more hope!

ONE PARISH – TWO LOCATIONS

The Archdiocesan proposals are continuing to be fleshed out, but at the time of this writing (shortly after the Assembly on October 26-27), the plan is for Saint Benedict and Saint Ignatius, in Bedford, to join together. The plan will be finalized on January 1, 2019, and there will be a one-year period of transition.



FATHER SIMON SAYS **continued**

There are many details that need to be discussed, but one key thing to understand is that we would not remain two separate churches. We would become ONE parish, which happens to have a Clayton Park site and a Bedford site. It all comes down to a sharing of resources – financial, but more importantly, human resources. The pastor, clergy, and staff would have to share their time between these two locations. Over the course of 2019, we would transition to one shared leadership team, one shared pastoral council, one shared finance council, shared ministries, etc.

If this proposal goes through, we would all be impacted in some way. Many of you have already experienced a parish merger. For others, uncertainty and change can be very challenging. Please continue to pray for the Archdiocese, our own parish, and the community at Saint Ignatius.

PARISH COUNCIL: RELOADED

In my first year as pastor, I wanted to re-engage our Pastoral Council (people who think big and who look to the future), but found myself getting busy with so many other urgent matters. I have to admit that this was one of the many balls that I dropped.

I am excited to say that since September, members of the council have started meeting again and are enthusiastic about rebuilding the team. We are looking for a few people, hopefully from a variety of demographics (young, old, female, male, different cultures, etc.) to join the Pastoral Council. We're looking for people who have participated in Alpha, are engaged in the Game Plan, and

are excited about the vision of '**A Disciple A Day**' and the strategy of '**A Next Step for Everyone**'.

We will also need to build a transition team to help with joining Saint Benedict and Saint Ignatius. This transition team may include a subset of the Pastoral Council, or could be made up of other members.

If you are feeling drawn to help with either or both teams, please email office@saintbenedict.ca. Please understand that we need to find the right mix of people to form these teams, so submitting your name is a step in the process of discernment, but not a guarantee of membership.

A FEW OTHER ITEMS

A huge welcome to our new intern priest, Fr. John Farley. He plans to be with us until August 2019. He is eager to learn during his time with us, and I know that we will be learning from his 25 years of priestly experience. Please go out of your way to extend some warm East Coast hospitality.

We have been having trouble with both of our furnace heat pumps. Thanks to Ryan and his Facilities Team who have been working around the clock to get everything up and running as the weather cools off.

This Remembrance Day, we pray for all of those who have courageously given their lives so that we can experience freedom. We also celebrated our Mass of All Souls at the start of November. Let's pray for mercy for all the deceased this month. 🕯️

MOMS, LOVE, COFFEE



Susan LeRue
Bene Dictus Team

Are you a new mom on maternity leave, or a stay-at-home mom with little ones? Did you know that Saint Benedict has just the place for you to connect with other moms and children? It's called 'Moms, Love, Coffee', and it is open to all moms with little ones.

This new and growing ministry is facilitated by Jen Jenkins, along with assistance from Andi MacMillan, Dolores D'Entremont, and Karen Gibson.

It's a wonderful chance to get out of the house, meet with other moms, and share some good conversation, great snacks, and coffee while your little ones play together.

I've had the pleasure of enjoying a couple of Monday mornings with this amazing group of women, and I've enjoyed listening to the stories they shared with one another about their little ones, the fun times of



raising families, the challenges, and the little victories, like sleeping through the night or losing a tooth.

This time gives moms a chance to relax, have some adult conversation in a fun and non-judgemental atmosphere, and support one another, which is especially important if they have been feeling isolated while at home with their baby.

If you, or anyone else you know, are interested in this Ministry, just show up for 10am on Monday mornings in the Auditorium. No pre-registration is required, and it is absolutely free of charge. As usual at Saint Benedict, all are welcome!

For more information and cancellations, please check the Facebook Group. Just search for 'Moms, Love, Coffee'.

Anyone interested in helping out by volunteering to bring snacks, or by offering to be a volunteer 'nanny' (so you can give moms a break by holding babies), please contact Jen Jenkins: jenniferk77@hotmail.com.

IN THE VINEYARD



John Rae

Bene Dictus Team

In his document on the laity, *Christifideles Laici*, Saint John Paul II uses Jesus' parable of the labourers being sent to the vineyard as its narrative anchor. It focuses on three themes: the vocation, communion, and mission of the laity, with the vineyard being the venue where these themes are played out. In the drama of the Salvation of the world we, the laity, are called to be the "salt of the earth" and the "light of the world". Now, this presupposes that, in the vineyard, some level of distastefulness and darkness exists.

What is distasteful and disheartening are the negative effects that the different secular dogmas, operating in the modern world, have on the dignity of the human person. This dignity deficit is disastrous for any secular attempts to try and create a truly humane culture.

Our vocation, as the laity, is to be ministers of Christ's universal sacrament of salvation, and in this role we are members of the priesthood of all believers. Our sacramental dignity, which is confirmed on us at our Baptism, allows us to be made sharers, in our own particular way, in the priestly, prophetic, and kingly offices of Christ.

This has not been communicated well in the church. We have tended to be defined by what we are not. We aren't priests. We aren't religious. Therefore, it's easy to assume we don't have a vocation or a mission. But in Baptism, our place and work in the body of Christ is given to us directly, by the Holy Spirit, not indirectly through the ordained office.

The laity are given a territory to tend within the vineyard called 'secularity', the world at large. There is a distinction between the common priesthood of the laity and the ministerial priesthood within the Church, though "every one of us possessing charisms and ministries, diverse yet complementary, works in the one and the same vineyard of the Lord," (*Christifideles Laici*, 55). To ramp up to the critical mass required to be an operative of the Holy Spirit in the secular sphere, the laity are called "to holiness, that is, the perfection of charity," (*Christifideles Laici*, 16).

The discipleship and missional initiatives here at Saint Benedict are works in progress. In consultation with the Holy Spirit, we are developing and experimenting with new techniques in vineyard management so, as parishioners, we have to prepare ourselves for the possibility of being spiritually pruned. 



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COMING TO HALIFAX



Susan LeRue
Bene Dictus Team

Meet Maeve and Doug Devlin, who recently moved from Ontario to become members of Saint Benedict Parish.

Why did you come to Halifax?

DOUG: We've longed to be in a parish that is alive with the joy and excitement of the Holy Spirit, and now we are living the dream.

MAEVE: We read Fr. James Mallon's book, *Divine Renovation*, in 2014. Then in 2016, we came here with our youngest daughter Cathy and her husband for eight days. It was just like heaven on earth. I really didn't want to go home.

What happened when you returned home?

MAEVE: We went home back to our regular parish and kept longing and longing for, you know, lobster...

DOUG: Each Sunday we would watch the 9am Mass on Livestream and be uplifted and energized spiritually. Then, in March 2018, we came back here with our oldest daughter Jackie and her husband who lived in Florida. We fell deeper in love again with the parish, the people, and their way of living out their faith with great joy and conviction.

What was it like for you after returning from the second visit?

DOUG: As we returned home, we knew we wanted to live here but thought it would be impossible, as it would place a burden on our children as we grew older, and we could not ask any of them to come and live here.



So you resigned that it would be impossible. What happened from there?

DOUG: Maeve and I discussed and prayed to know what God's will was for us.

MAEVE: Our pastor at home invited us to be on a committee for the Diocese with the intention of restructuring the Parishes. We agreed. We thought that would be the final answer to us ever moving here.

DOUG: Two days later, our daughter Jackie called. Without us knowing, they had decided to move here, and then asked if we would like to come with them. We were in shock! We had just committed to serving our parish and knew we would never go back on our word.

You must have felt like you were going one step forward, two backwards. What happened then?

MAEVE: The following day, we got a call from the parish secretary who wanted to speak with us. When we met with her, she asked if we would withdraw our consent to be on the parish team as

the representative from the Diocese wanted a younger couple. We readily agreed to step down and immediately called Jackie. Yes! We would come and live with them.

DOUG: When I think of Saint Benedict and Divine Renovation, I think of a cocoon beginning to open up and looking in. I can picture what the Catholic Church should be and will be in the future.

Welcome to our parish, Maeve & Doug. Thank you for sharing your beautiful story. 🇨🇦



YOUR CRUCIFIXES



Peter Mallette
Bene Dictus Team

On Sunday, October 14th, Fr. James Mallon preached the concluding installment of a four-week preaching series on relationships entitled Together. At the end of his homily, Fr. James issued a call to action for families to consider hanging a crucifix in their home if they didn't already have one.

It got us thinking, so we asked some Saint Benedict parishioners: Where do you hang your crucifix?

Dave: We have a crucifix, but we don't hang it up. When we hang it, it will probably be somewhere more public than private, like the living room. It's my sister's crucifix. She died of MS a few years ago. It was one thing I got from her.

Donna: Our crucifix is on the wall of the master bedroom. It was a crucifix we had at home when I was growing up. I like the crucifix being in our room because it really is the heart of our home. That's where we do the majority of our talking and most of our gathering, because the TV is in there. As parents, we are sort of the anchors of the family, and I like having the crucifix in our room. We also have a cross in each of our daughter's bedrooms.

Fr. Alex: Growing up, we had lots of crucifixes in our house, but the first one you

saw when you walked in was in the foyer. Anyone who walked in knew right away that this was a Christian/Catholic household. I don't recall where my mother got it, but it was one of those crucifixes that came apart, and had candles and holy water inside of it for administering the Last Rites.

Doug: It's on my bedroom dresser so I can have it close by when I need it. I purchased it from Saint Benedict Parish.

Greg: When St. Anne's Mission Church in Portuguese Cove was desanctified, my mother gave me a crucifix as a memento. Turns out it was the 12th Station of the Cross. We keep it in our bedroom. We also have two ceramic crosses in our living room that my wife and I bought in Mexico.



Taya: Our crucifix is in a very visible spot in our master bedroom, because we see that as the focal point of our house. My husband's friend Arthur made it for us. It's made out of plaster.

Sadly, he passed away shortly after he gave it to us.

Bill: The crucifix in our house is in our living room, where our family gathers to watch TV and be a family. It sits on a bookshelf, close to the bible and beside the ashes of my mother in law and my father. The crucifix was on my father's casket. He died two years ago. Fr. James blessed the crucifix, so it has a very special meaning.

Johnny B: (*jokingly*) I no longer have a home to call my own, so I carry my crucifix in my pocket. Someone gifted me with it while I was doing dialysis at the hospital. For a while, I thought I had lost it or that it had been stolen, but it turned up in the laundry one day. It's gone through the wash, rinse, and spin cycle, but it's still as good as new, only cleaner.

Tanya: The crucifix in our house is hanging front and centre in our living room. It's the crucifix that Mike and I got married with. During our wedding vows, we both laid hands on the crucifix as a symbol of the trinity and being married in union with God. It's a tradition in Croatia that we adopted from a pilgrimage to Medjugorje. I love telling people that story.

Ron: I have a cross in my living room from the indigenous people in Australia. When the Australian delegation came to the DR18 Conference, they brought me that cross as a token of their appreciation as I was going there shortly thereafter for two weeks on a speaking tour.

Peter: The crucifix in our home is one of our most treasured possessions. We bought it in Bethlehem back in 2010 when we toured the Holy Land. It hangs on the inside wall over our front door, so that it symbolically blesses everyone who enters and leaves our home. It's

made out of olive wood.

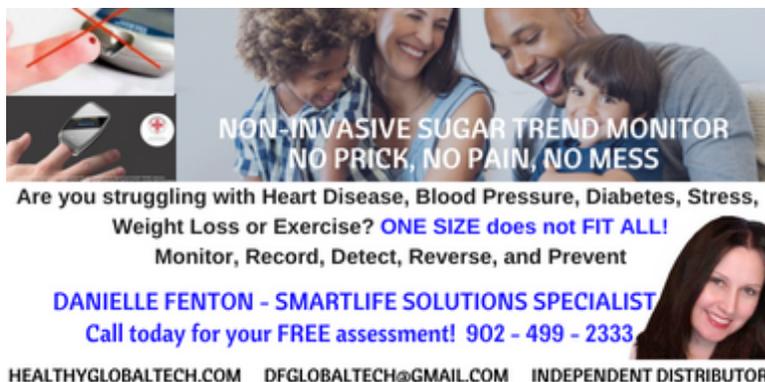
Jenn: I have a small crucifix that I keep in my bedroom. It's small because when I got it I was backpacking through the mountains of Assisi in central Italy.

Fr. John: I have a hand-held cross that I picked up while I was studying in the Holy Land. It's simple and draws me in when I hold it. I have another cross that one of my Grade 8 students made for me in shop class. It's always had a special place in my heart. I haven't seen that student in years, but every once in a while, I run into his mother, and I always remind her that I still have the cross.

Walter: I was given a small cross from a parishioner at our church and I carry it with me in my pocket. I rub it every now and then to remind me to keep connected to God.

Patty: My husband came home one day with this massive crucifix he got from a lady at Our Lady of Perpetual Help Church. We put it in our front hallway by a light. I find I often pause in my step as I walk by or kiss the feet of Jesus.

David: Our crucifix reminds me of who I am and who He is. It's in our hallway, so you see it as soon as you come through our front door. Everyone who comes into our house will know that we are Christians and Catholics, and that is how we live out our life. 



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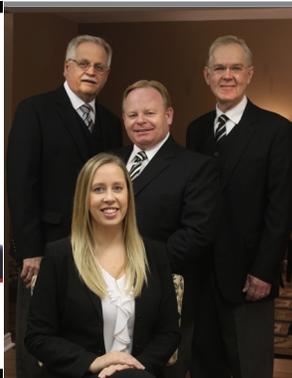
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MEET FR. JOHN FARLEY



Matt Vaughan
Communications Coordinator

I sat down with Fr. John Farley to get to know our newest intern priest.



How long have you been a priest?

I've been a priest for just a bit over 25 years.

Before coming to Saint Benedict Parish, where were you ministering?

I was ministering at a small church in southern Colorado called Saint Benedict.

How did you hear about our Saint Benedict Parish?

I heard about your Saint Benedict Parish when I began to read *Divine Renovation*. The book would come out a couple years after *Forming Intentional Disciples* (by Sherry Weddell), so I was in the mode of looking for those kinds of texts.

What made you decide to come here to be an intern priest?

Well, my efforts at implementing parish revitalization have stirred up a certain amount of resentment, hostility, passive-aggressive behaviour, and complaints. And I'm sure that I've done things to hurt people.

As I talked about *Forming Intentional Disciples* and *Divine Renovation*, people have said to me, "That's Protestant. You can't do that. You're trying to destroy the church." I said, "I'm not saying it's for everybody, but let us at least admit that what was gotten us here is not working. And perhaps we should try

something else. The world is not going back to the way things used to be. It's a new time, we need to find new solutions. Let's find out what works." I'm a pragmatist in that sense.

I was really quite encouraged at the DR18 Conference when Fr. James was so open about the fact that his own efforts had resulted in so many 'dead bodies'. I thought, "Okay, this guy's real, he's telling the truth." But obviously things have happened here to figure that out, to bind up the wounds, and move forward. I thought, "I want to learn from these guys."

What have you noticed here that is different?

With people here, prayer is not just a formality. People actually use the name of Jesus. And they know who Jesus is, they're not just talking about somebody they've heard about, they're talking about somebody they've actually met. I find that deeply encouraging and consoling. It's like, "Okay, these people know the same guy I know." 🙏



PRAISE & WORSHIP NIGHT

SATURDAY, NOVEMBER 24TH
7:30PM IN THE CHURCH



Grief Support Group

If you have suffered the loss of a loved one, there is hope.

The group gathers on the 3rd Tuesday of each month, September to June, in the St. Joseph Room.

For more information, call Anne at 902-443-1646

Eucharistic Adoration

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to find out more!

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If you're interested in the sacraments of baptism or matrimony at Saint Benedict Parish, please note that in addition to preparation, we require that you get in touch with us a minimum of three months in advance of your hoped-for date for baptism and one year prior to your desired wedding date.

For information on baptisms, please email Carol:
baptisms@saintbenedict.ca.

For information on weddings, please email
Deacon David: **weddings@saintbenedict.ca.**

For information on preparation for the sacraments of First Reconciliation and First Communion, please email
PACT@saintbenedict.ca.

For information on becoming Catholic, please email
RCIA@saintbenedict.ca.

For funerals, please call the parish office (902-443-0725, and listen to the prompts) to be connected with our funeral ministry team.

FINANCIAL UPDATE - SEPTEMBER 2018

PARISH DEBT REDUCTION	REC'D	TOTAL	AVG/
ENVELOPES	169	\$4,652	\$27.53
PAR (PRE-AUTHORIZED REMITTANCE)	62	\$3,247	see note
MORTGAGE BALANCE (AS OF MONTH END)		\$516,514	
INTEREST PAID (ON MORTGAGE)		\$1,816	
PRINCIPAL PAID (ON MORTGAGE)		\$9,622	
Principal payments include principal portion of monthly mortgage payment plus additional principal payments made from Parish Debt funds received.			
SUNDAY COLLECTIONS	REC'D	TOTAL	AVG/
ENVELOPES	1,467	\$42,949	\$29.28
PAR (PRE-AUTHORIZED REMITTANCE)	405	\$54,297	see note
Note: PAR options include weekly, bi-weekly and monthly withdrawals; therefore a 'weekly' average is unavailable.			



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