SAINTBP Podcasts P6

The Parish is Launching a new podcast

MINISTRY P4

Preparing for Baptism @SaintBP

June 2017

BENE DICTUS

PHOTO: JOHN RAE

SAINT BENEDICT PARISH

45 Radcliffe Drive
Halifax, Nova Scotia
Canada B3M 0E1
902-443-0725

Pastor (until July 1)
Fr. James Mallon

Pastor (as of July 1)
Fr. Simon Lobo, CC

Sunday Mass
Saturday: 4pm
Sunday: 9am, 11:15am, 6pm

Weekday Mass
Monday to Friday 9am

Confessions
Saturday: 3 - 3:45pm
Thursday: 9:45 - 10:30am

Bene Dictus is your monthly newsletter available in print or in your email inbox.

NEW MEMBERS WELCOME!

Please stop by the Welcome Booth and Introduce yourself.

@SaintBP livestream.com/SaintBenedictParish

SAINTBENEDICT.CA

CONTENTS

June 2017

A Word from Father James

2 Mass of Thanksgiving

(Un)announced Mass Intentions

3 Funeral Recap | The Truth About Mass Intentions

Ministry

4 Preparing for Baptism @SaintBP

Alpha

5 Alpha Testimonies

SaintBP Podcast

6 Saint Benedict Parish is launching a new podcast!

Worship

10 Junior Choir

Ministry

12 Diploma in the New Evangelization

Announcements

14 Calendar of Events

A WORD FROM FATHER JAMES

Well, this is the last official Word from Fr. James as Pastor of Saint Benedict and it will be a short one as I have written a longer piece on an upcoming change around our practice of announced Mass intentions.

Mass of Thanksgiving

On Friday night, June 23rd at 7pm I will celebrate a Mass of Thanksgiving for my seven years as pastor of Saint Benedict Parish. This is not goodbye as I am not actually leaving. I have said this many times, and it is true. I will still be around. This Mass will be a chance to celebrate what God has done in our midst over the last seven years. There will be a reception afterwards as well. I will also be presiding and preaching at all the Masses on the 24-25th as well, so there will be many opportunities to connect before I step down.

(Un)Announced Mass Intentions

Fr. James Mallon
Pastor

Funeral Recap

I would like to begin by briefly reviewing the message I wrote last month in the Bene Dictus about the changes to funerals. In many funerals today, 90% of those in attendance are unfamiliar with Catholic liturgy, and so we have decided to follow Archbishop Mancini's directive which he wrote, prophetically, in 2014. Again, here is a direct quote from our Archbishop:

> **"It does not seem appropriate to celebrate a funeral Mass when, clearly, the majority of the people present are not in touch with our faith or not properly disposed to celebrate the Eucharist or to receive communion. It would be preferable in such circumstances to offer a funeral service in the form of a Liturgy of the Word." - Archbishop Mancini**

Hence, our new norm at Saint Benedict Parish (as of September 2017) will be to celebrate a funeral Liturgy of the Word for the deceased. That being said, if you are an active member of our parish, involved beyond simply going to Sunday Mass, it is likely that many fellow parishioners would want to attend your funeral. In that case, it would be appropriate to celebrate a funeral Mass.

As priests of Saint Benedict, we will guarantee that a Mass will be offered for the repose of your soul or that of your loved one (whether or not it is connected to the funeral rites). The Mass is the Mass; its power is immeasurable. If a family attends a funeral Liturgy of the Word at our parish, we also want them to feel welcome to pray with our parish community at a weekday Mass. This would be a beautiful opportunity to offer that Mass for their deceased loved one. However, the domino-effect opens up a related topic of Mass intentions.

The Truth About Mass Intentions

At present, almost every weekday Mass is already "booked" with an announced intention for the next four months! This does not allow us the flexibility to offer weekday Masses for the recently deceased.

Traditionally we have distinguished between an announced and an unannounced Mass. What is the difference? An "announced Mass" is a Mass that is offered for a particular intention whereby the date and place has been fixed. If a person requests an "unannounced Mass," they can know with certainty that Mass will be offered for a particular intention, but the date and place is not "booked." Both announced and unannounced Masses are equally powerful! There are benefits and difficulties with regards to the custom of announced Masses. I would like to speak about the benefits first.

When I arrived at Saint Benedict Parish, Fr. Bernie had not been following this practice

Continued on Page 7

MINISTRY

Preparing for Baptism @SaintBP

Zach Briggs
Bene Dictus (& Baptism) Team

At the Easter Vigil, we were blessed to have twenty adults come into full communion with the church. And about once a month (except during Lent!) we have baptism of infants and young children, usually at the 9am and 11:15am Masses. The parish office receives requests for baptism on a regular basis, and we have taken great care over the last few years to develop a Baptismal Preparation Ministry that is welcoming, open, and honest about the truth of baptism.

The church teaches that "Baptism is the sacrament of faith. But faith needs the community of believers.The faith required for baptism is not a perfect or mature faith, but a beginning that is called to develop" (CCC 1253).

When a family requests baptism at Saint Benedict Parish, we ask that they attend three weekly sessions between the Sunday morning Masses. Each session has a short talk about how Jesus and the community of faithful at Saint Benedict Parish have reinvigorated the faith of the speaker. The talk is followed by a time of small group discussion focusing on baptism, where parents learn and reflect on what baptism means to the church, and for their family. Above all, the ministry is about welcoming parents and their children into the community of faithful, to begin (or renew) their faith journey, and showing that Saint Benedict Parish is committed to the fullness of the sacrament.
I asked Katherine Malec to share some of her recent experience of the baptismal preparation ministry. She and her husband, Matt, brought their son Anderson for baptism.

Can you tell us a bit about your family?

Matt grew up all over Canada, though he always considered Bedford his home. I grew up here. Matt works in sales with Bell and I am a Registered Nurse at the IWK. We met in late 2007 and married in Halifax in October 2015. We moved to Hammonds Plains and happily joined this parish. Our first child, Anderson Gregory, was born November 13th, 2016.

What was your understanding of baptism before you came to Saint Benedict Parish?

We viewed baptism as the "first step" for our son in entering the faith. After coming to Saint Benedict Parish, we recognized our importance and responsibility as parents in participation and preparation for this sacrament. We happily felt like baptism was also a welcoming to the parish community in celebration of this important sacrament of faith.

What did you enjoy about the baptism preparation ministry?

We really enjoyed getting to know members of the parish community, hearing their stories, and meeting other families who were also preparing for this sacrament. The small group discussions made the preparation feel more inclusive and created a comfortable environment for sharing and openness.

What has been your overall experience at Saint Benedict Parish so far? What does the future hold your family?

Our experience at Saint Benedict Parish has been entirely positive. The moment we reached out to join the parish, we were instantly welcomed. This feeling has only grown through the experience and celebration of the sacrament of baptism. Despite being a large parish community, our small family of three felt noticed and included right away. We plan to continue to regularly attend Mass and we would like to become more involved in the parish and child/youth programs as our family grows. I am interested in exploring Alpha in the future and becoming involved with community outreach programs that are established!

ALPHA

ALPHA

Tanya Noye
Bene Dictus Team

Having been a guest and then serving in various roles at Alpha, I am always so happy to hear about people's experiences at Alpha! My life and my family's lives have been forever changed by Alpha so I thought it would be great to share some testimonies from some our most recent Alpha nights.

Milka Podder

I came to Halifax in August, 2016 and started going to Saint Benedict Parish around that time. It was surprising to me how welcoming the church members were and how engaging the mass was. Not like a typical church, where you go, sit, listen, pray and come back, without talking or making any contact with anyone. During the mass, Alpha was mentioned, and one of my close friends who was visiting the church told me that he would have definitely joined if he was living there. That struck me! I was already here and I questioned myself, 'what is keeping me from joining?!' Answer: NOTHING. At least I can meet people and make some new friends.

The fun part for me was group discussion where I was free to ask any questions. even the silly ones. I had a million questions, and in Alpha, my team leader encouraged me to ask or talk about them, which previously was a taboo to ask. Asking questions and finding answers made my faith stronger than before, as it was clearing my doubts. Alpha was an interesting experience for me. It showed me something amazing that I was not expecting: The power of Holy Spirit. I had doubts, but at the same time, the power of prayer brought tears to my eyes and inner peace too.

I achieved my primary goal thanks to Alpha, which was meeting a lot of people. Some of us even became good friends. On top of it, my faith was renewed, and I realized God has plans for me and I just have to be open minded.

Robert Hunt

My whole life I never really realized how important a true relationship with God really is. My journey with Alpha, pinpointed this for me. My true experience happened when we did our retreat. I know I was touched by the spirit of God. It changed me in ways that are hard to explain. I find, now, my thoughts are put into check everyday. It truly does affect everything I do. My children think it is a bit much, but I know they will eventually come around. I have never cried, loved and lived as much as I did during this experience. I am thankful that my eyes have been opened.

We'll be launching new Alphas in the fall, who will you invite?

SaintBP Podcasts

New Podcast

Emily Vaughan
Bene Dictus Team

Saint Benedict Parish is launching a new podcast! The podcast is called The Church We Want To Be and outlines the journey we are on together as we move closer to becoming the missionary Church Jesus calls us to be. Join our host Matt Vaughan, a Saint Benedict parishioner and podcast enthusiast, as he interviews staff members and parishioners about their role in how Saint Benedict Parish forms disciples who joyfully live out the mission of Jesus Christ.

"I love podcasts, and it's a great way to hear about how the Holy Spirit is working through the parish and its staff and parishioners," says Matt. "I think people will really enjoy the episodes."

We have a lot of wisdom, experience, and visioning to offer other parishes, but our mission is not over yet! We want to share the dreams and vision for our parish and give hope to other parishes, both locally and globally. People and parishes near and far have a lot of questions about how or why we do what we do, and this is an engaging means of answering those questions and getting the information out. At 30-40 minutes in length, the episodes are perfect to listen to while you commute to work, do the dishes, or go for a run. Join Matt and the guests they discuss becoming The Church We Want To Be.

Our First episode will be available for download on our parish website (under the 'media' menu) at saintbenedict.ca/news/ on Tuesday (June 13th).

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and, so, all Masses were unannounced. I thought it would offer some consolation to parishioners and families knowing that Mass would be offered on a specific date for their intention. Thus, I reintroduced this practice and we began "booking" announced Masses again. To be honest, almost seven years later, I believe that this choice was actually a mistake.

The following are a few concerns with regards to announced Masses:

1) In such a large parish, we are overwhelmed with requests for announced Mass intentions. There are so many moving parts in our parish that, on occasion, mistakes are made (the wrong name is said at Mass, or a name is woefully mispronounced). At other times, because of a shortage of priests, we are unable to celebrate Mass on a particular day – even though an announced intention was "booked" months in advance. Inevitably, this causes great hurt and pain for families, especially if the date was significant. I had no idea that this well-intentioned practice could cause so much hurt.

2) This practice can give a perception which is so false that it could actually lead to a heresy. We have inadvertently communicated that you can "buy" a Mass; once you do so "your" Mass is for that one intention and nothing else. Sadly, this sort of incorrect thinking and practice is part of what led to the Protestant Reformation 500 years ago.

"Simony" is the term used for selling sacred things, and it is forbidden by the Catholic Church. That being said, the original idea of paying money for the offering of Masses goes back to the days when priests were not given a salary. A priest would live off his daily Mass stipends. Today, there are some parts of the world (such as some dioceses in Africa) where this is still the case. In the New Testament, St. Paul says that a worker deserves his wages, and so this does seem reasonable. Nevertheless, the problem exists that some have paid to have Masses offered with the notion that once they have "booked" the Mass it, somehow, becomes their exclusive property.

3) Having an excessive number of Masses offered calls into question the very meaning of the Mass. This is the heart of the issue. The celebration of the Eucharist is the once and for all self-offering of Jesus to the Father in the Holy Spirit; it is offered in perpetuity. Calvary is not and cannot be repeated. Jesus offered himself completely and perfectly. From the cross he proclaimed, "It is finished." In the Eucharist we touch that once and for all offering and unite ourselves to it. It is as if we transcend time and space and are standing at the cross. There is, then, only one eternal Mass, one priest and one victim: Jesus. The fruit of Jesus' self-offering is infinite and so is a single Mass. Think then of the confusion that comes when multiple Masses are offered for one particular intention. Infinity times two, times three or times 100 is still infinity.

The custom of paying to have Masses offered was largely related to praying for the souls in Purgatory. This is still a custom in our Church and is to be preserved and valued. Unfortunately, in Church history,

some of the excesses around paying for Mass intentions were connected to fundraising efforts.

4) While the priest offers the Eucharist 'in persona Christi" (in the person of Christ) through his sacramental ordination, all the faithful are priests of God through baptism. A priest is one who offers sacrifices. Although the priesthood of all the baptized is different in kind to that of the ordained, and not just in degree, it is still real. The lay faithful join the priest in offering the sacrifice of the Mass. In this sense, all the baptized can offer Mass for their own intentions. Think of the words of the Eucharist spoken by the priest: "Pray brothers and sisters that my sacrifice and yours may be acceptable." In the first Eucharistic Prayer we find mention of the faithful who offer the Mass "for themselves or for those who are dear to them." This is a more ancient and beautiful practice in that the baptized are not just passive bystanders at the Mass. Each person is called to actively participate by offering themselves with Jesus to the Father AND by uniting their own intentions to the offering. I believe that many of our faithful parishioners who come to Mass may not actually be aware of the significant way in which they can participate. Also, I believe that our custom of announced Masses has not helped as it creates the impression that Mass can only be offered for one intention – by the "professional priest" alone. It is like going to Niagara Falls to fill up only one thimble.

Moving Forward..

Corresponding to the change in pastoral practice around funerals, at the beginning of September, we will also be introducing a change in the practice of offering Mass intentions at Saint Benedict. As of that time, we will no longer have announced Masses at the parish. All are welcome to have unannounced Masses offered for special intentions and for their deceased loved ones. Mass cards will still be available as it can be consoling to receive such a card with a personal note written inside. For special anniversaries, parishioners can, of course, come to the Eucharist on that day and, with full confidence, offer Mass for their intentions.

This change will help facilitate the modification in our funeral practice. As a parish we will be able to pray for a family's deceased loved ones, without creating confusion about who "owns" the Mass. It will also provide a long overdue correction and minimize the hurt and disappointment that some have experienced through our previous system. Obviously, it would have been a lot easier in the long run if I had never reintroduced this practice. I thought it was the best thing at the time, but we learn as we go along. Once again thanks for your patience and support as we introduce this change.

faith games music snacks fun prizes crafts

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MARVELOUS MYSTERY:
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Who: Kids aged 4-10
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When: Monday. July 10 to Friday. July 14
Time: 9am – 12:00 noon
Cost: FREE
Contact: Marlene Millett
902-210-5759
Or register online:
saintbenedict.ca/vbs

WORSHIP

Junior Choir

Gabbie Ricafort
Bene Dictus Team

Hearing angelic little voices lead worship always brings joy to our hearts and souls. The SBP Junior Choir is an awesome ministry for kids to be involved in.

Serving in a Junior Choir helps shape the Christian faith. The kids easily learn the word of God because they sing it. They can take God's word with them wherever they are, whether they sing it during worship in Church or when they are alone singing in the shower. Saint Augustine said, "He who sings prays twice."

The children look forward to each and every choir practice. It allows them to connect and have a week-to-week community building that leads to lasting friendships with other kids who share their faith.

The Saint Benedict Parish Junior Choir, led by Debbie MacIsaac, consists of children from Grades 3-6. They meet for an hour, once a week, from September to Easter. The Children's Choir sings during the Advent Celebration of Hope, Christmas Children's Mass and the Good Friday Children's Service.

"This year choir was great it was so much fun. The songs were beautiful and Debbie was nice. She always made time for a game at the end of the night. My personal favourite was 'Toy House." It gives us something fun to do with our church friends during the week. And for me it let's me sing cause I love it!"

- Arielle Godmaire, 9 years old

"I liked choir a lot because of all the amazing people I got to sing with and all the fun games we play at the end."

- Isobel Mutuc, 10 years old

At the Leadership Summit on April 30th, Parish ministry leaders prayed over Fr. Simon for his new role as our pastor. Please continue to pray for him and for Fr. James during this time of transition.

Please pray for the parishes in the **Divine Renovation Network**. And the Divine Renovation Ministry. Visit divinerenovation.net

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Diploma in the New Evangelization

John Rae
Bene Dictus Team

This year, from Saint Benedict Parish, Kate Robinson and I each graduated from the Atlantic School of Theology with our Diploma in the New Evangelization. As a way of reflecting on the course material I'm reminded of a scripture reference that my Grandmother had penned inside my New Testament: "In quietness and in confidence shall be your strength." (Isaiah 30:15)

Quietness is the posture of listening, and we listened to and analyzed the standard critiques of our Christian faith; that religion has been the major cause of violence in the world, that a belief in God is just an example of "wish fulfillment" and that faith in Christ is just a remnant of a pre-scientific mindset. We then moved on to the newest critique on the block, that there is no 'universal' truth just a spectrum of culturally conditioned 'truths' and that any truth claims by catholic ('catholic' meaning universal) Christianity are by definition arrogant and intolerant. But does this secular 'spin' have the last word?

Hebrews 4:12 says, "the word of God is quick, and powerful, and sharper than any two edged sword, piercing even to the dividing asunder of .the joints and marrow". Using the theological and philosophical resources of the Church we divided asunder the joints and marrow of these critiques of our faith so that we are now better able to, as St Peter suggests, "be always ready to respond to every person that asks you, a reason for the hope that is within you, with all gentleness and respect" (1 Peter 3:15).

The word confidence comes from 'con' (with) and 'fido' (trust). As graduates we now have greater confidence in our individual decisions to follow Christ and greater trust the in the arsenal that the Church provides us to help us "fight the good fight" (1 Timothy 6:12).

The Catholic dictionary defines evangelism as bringing the Good News of Jesus to a person so that they may come to have an interior conversion to Christ and his Church. If that person happens to find themself enclosed in some intellectual thicket, the Holy Spirit may use our confidence and strength in wielding the sword of the word to underbrush things a bit so that they have a better chance of catching a glimpse of Golgotha.

Saint Benedict Parish is...

VISION

...a healthy and growing faith community that brings people to Christ, forms disciples and sends them out to transform the world. Our members commit to worship, to grow, to serve, to connect and to give.

THE GAME PLAN

CALENDAR OF IMPORTANT DATES JUN/JUL 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 BACK TO THE FUTURE SERIES HOLY TRINITY	12 NO MASS, LITURGY OF THE WORD THE EXPERIENCE (YOUTH NIGHT)	13 SBP PODCAST RELEASED	14 EXPOSITION OF THE BLESSED SACRAMENT	15 PARISH CLEANUP DAY - OFFICE CLOSED	16 MEN'S LEADERSHIP GYM	17 COMMUNION MINISTERS/MASS COORDINATORS RETREAT
18 BACK TO THE FUTURE SERIES CORPUS CHRISTI	19 STEUBENVILLE PREP	20 ANOINTING OF THE SICK CONNECT GROUP LEADERS TRAINING	21 EXPOSITION OF THE BLESSED SACRAMENT	22	23 MEN'S LEADERSHIP GYM 7PM MASS (FR. JAMES' TRANSITION)	24
25 BACK TO THE FUTURE SERIES	26	27 SBP PODCAST RELEASED	28 EXPOSITION OF THE BLESSED SACRAMENT	29	30 MEN'S LEADERSHIP GYM	JULY 1 CANADA DAY NEW PASTOR! FR. SIMON LOBO, CC
2	3 PARISH OFFICE CLOSED	4	5 EXPOSITION OF THE BLESSED SACRAMENT	6	7 MEN'S LEADERSHIP GYM	8 JULY BENE DICTUS

The parish Grief Support Group will meet on Tuesday, June 20th (the 3rd Tuesday of the month).

Starting July 1st, a priest will hear confessions on Wednesdays following morning Mass (instead of Thursdays).

This calendar does not list all events, ministries, meetings or special dates. For a more detailed listing, please visit saintbenedict.ca and click on the 'events' tab.

PARISH STAFF TEAM (OFFICE: 902-443-0725; EMAIL: @SAINTBENEDICT.CA)

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DarleneB@

CHERYL BOUDREAU
Administrative Assistant
CherylB@

JEN FERRIER (EX 30)
Evangelization Coordinator
JenniferF@

CATHERINE GOULD (EX 27)
Discipleship Group Coordinator
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PAUL LANG (EX 41)
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RonnieL@

ROB MCDOWELL (EX 26)
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RobM@

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Facilities & Custodial Manager
RyanO@

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LauraO@

KATE ROBINSON (EX 29)
Director of Communications
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DINAH SIMMONS (EX 24)
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Manager of Finance
JoanneT@

DEACON DAVID VISCOUNT
Permanent Deacon
DavidV@

CHRIS YETMAN (EX 21)
Director of Engagement
ChrisYetman@

MONTHLY FINANCIAL UPDATE - APRIL 2017

PARISH DEBT REDUCTION	REC'D	TOTAL	AVG/
ENVELOPES	157	$4.016	$26
PAR Pre-authorized Remittance	67	$3,342	See Note

MORTGAGE BALANCE AS OF APRIL 30, 2017	$708,163
INTEREST PAID (ON MORTGAGE) IN APRIL 2017	$1,890
PRINCIPAL PAID (ON MORTGAGE) IN APRIL 2017	$16,030

Principal payments include principal portion of monthly mortgage payment plus additional principal payments made from Parish Debt funds recieved.

SUNDAY COLLECTIONS	REC'D	TOTAL	AVG/
ENVELOPES	1,329	$37,938	$29
PAR Pre-authorized Remittance	378	$45,163	See Note

*Note: PAR options include weekly, bi-weekly and monthly withdrawals; therefore a 'weekly' average is unavailable.

IF YOU'RE INTERESTED IN THE SACRAMENTS OF BAPTISM OR MATRIMONY AT SAINT BENEDICT PARISH, PLEASE NOTE THAT IN ADDITION TO PREPARATION, WE REQUIRE THAT YOU GET IN TOUCH WITH US A MINIMUM OF 3 MONTHS IN ADVANCE OF YOUR HOPED-FOR DATE FOR BAPTISM AND ONE YEAR PRIOR TO YOUR DESIRED WEDDING DATE.

FOR MORE INFORMATION ON BAPTISMS, PLEASE CONTACT CAROL: BAPTISMS@SAINTBENEDICT.CA. FOR MORE INFORMATION ON WEDDINGS, PLEASE CONTACT DEACON DAVID: WEDDINGS@SAINTBENEDICT.CA.

****

FOR FUNERALS, PLEASE CALL THE PARISH OFFICE (AND LISTEN TO THE PROMPTS) TO BE CONNECTED WITH OUR FUNERAL MINISTRY TEAM.

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